

Superior

Series



Preparatory **3** First Term 202 **6**

- ★ Vocabulary
- ★ Expressions
- ★ Grammar
- ★ Exercises



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UNIT 1

Personal Identity

Lessons 1 & 2

Beyond My Looks - Self-Discovery

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
personality	شخصية	unique	فريد / مميز	value	يقدر - بقيم / قيمة
identity	هوية	strength	القوة	confidence	الثقة
belief	معتقد / مبدأ	background	خلفية اجتماعية	growth	نمو - نضج
individuality	الفردية	real = true	حقيقي - واقعي	diseases	امراض
self-respect	احترام الذات	surgeon	جراح		

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
weakness	العطف - الطيبة	shape	يشكل - شكل	score	يحرز - يسجل
kindness	نقطة ضعف	popular	محبوب	power	قوة
social media	وسائل التواصل	dressed	يرتدي	honestly	بأمانة
overcome	غلب على	strange	غريب - غير مألوف	realize	يدرك - يعرف
traditions	عادات - تقاليد	believe	يعتقد - يصدق	challenge	تحدى
influence	يؤثر / تأثير	stressed	مضغوط	celebrate	يحتفل
character	شخصية	journey	رحلة طويلة	explore	يستكشف
purposes	غرض	confident	واثق بنفسه	remind	يذكر
realness	حقيقة	medicine	الطب	affect	يؤثر
encourage	يشجع	describe	يصف - يشرح	inspiring	يلهم
volunteering	التطوع	differences	اختلافات	support	يدعم - يعزز
experience	خبرة - تجربة	curiosity	الفضول	quality	صفة - ميزة
		goals	أهداف	patient	صبور

Conjugation of Verbs:

Verb	meaning	past	Past participle
think	يعتقد	thought	thought
make	يجعل - يصنع	made	made

grow	ينمو - ينضج	grew	grown
feel	يشعر	felt	felt
find	يجد - يكتسب	found	found
overcome	يتغلب - يتخطى	overcame	overcome

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
strength	قوة - نقطة قوة	power	weakness	ضعف / نقطة ضعف
unique	فريد - مميز	rare/special	common/ordinary	عادي
simple	بسيط - سهل	easy/plain	complicated/difficult	معقد
real	حقيقي / واقعي	true	fake	مزيف
confident	واثق / متأكد	sure/certain	unsure/ uncertain	غير واثق
value	يقيم / يقدر	appreciate / evaluate	undervalue/ disregard	يستخف بـ
stressed	مضغوط	worried / anxious	quiet/relaxed	هادئ / مسترخي
negative	سلبي	bad / weak	positive	إيجابي
support	يساند - يساعد	help / encourage	prevent/oppose	يمنع / تعارض

Prefixes & Suffixes

Suffixes	الوظيفة	example	meaning
-ity	تكون الاسم من الصفة	individuality/personality	تتميز الشخصية
-ness	تكون الاسم من الصفة	kindness	العطف
- self-	للإشارة إلى النفس	self-discovery/ self-respect	اكتشاف الذات / احترام الذات
-ence	تكون الاسم من الصفة	confidence	ثقة
-ed	تكون الصفة من الفعل	stressed	متوتر / مرهق

Definitions

Word	Meaning	Definitions
identity	الهوية	who a person is
value	بقدر - يقيم	have a high opinion of someone or something
background	خلفية اجتماعية	where someone comes from
self-discovery	اكتشاف الذات	learning more about who you are

Lesson 1 - Reading

Who I Am Beyond My Looks

At school, many students think they must look or **act** a certain way to fit in. But I've learned that my **identity** isn't about what others see – it's about who I really am inside.

I'm Ahmed, 15 years old, and I live in Giza. My **background** is simple: I come from a family that **values** hard work and kindness. These **beliefs** shape my **character** and help me know what's right. I may not be the loudest **person** in class, but I **believe** listening is one of my **strengths**. Sometimes, I feel stressed from **social media** to change how I act or dress. But I **remind** myself that being real is more important than being popular. Through self-**discovery**, I've found more confidence. I now know that being unique doesn't mean being strange – it means being **real**. And with strength and self-**respect**, I can grow into the person I want to be.



Lesson 2 SB page 16 - Reading

Dr. Magdi Yacoub

Dr. Magdi Yacoub was born in Egypt in 1935. When he was **young**, he enjoyed reading about **science** and **medicine**. When his father's sister died from heart **disease**, Magdi felt very sad. He began to **wonder** how doctors could save people with heart problems.

This question stayed in his mind for years. He decided to study **medicine** and learn everything about the heart.

His search for answers led him to become a heart **surgeon**. By following his **curiosity**, Magdi **discovered** his true **purpose**: to save lives.

His story shows that sometimes our goal comes from a question or a problem we want to solve.



"Self-discovery"

Host: Today, we're speaking with Leila, a 15-year-old student from Alexandria. Leila has been on a **journey** of **self-discovery** – learning what **identity** means to her. Welcome, **Leila**!

Leila: Hi! I'm happy to share.

Host: So, how would you **describe** your identity?

Leila: Well, I think identity is not just your name or where you're from – it's your **personality**, **values**, and your dreams. I come from a big Egyptian family that values **traditions**, but I also love reading, solving problems, and

volunteering. That's part of who I am.

Host: Have your **beliefs** changed over time?

Leila: Yes. When I was younger, I thought being **quiet** was a **weakness**. But now I see it as a **strength** - I'm a good listener and I think before I speak. That helps me build **confidence**.

Host: What **influenced** your growth the most?

Leila: **Honestly**, my teachers. One **encouraged** me to enter a **science** fair, and that made me believe in my ideas. I **realized** my voice matters.

Host: What does being **real** mean to you?

Leila: It means showing who I really am, even if I'm **different**. I've learned that **individuality** is something to **celebrate**.

Host: Any **advice** for other **teens** exploring who they are?

Leila: Be **patient** with yourself. Identity isn't fixed - it grows and your **differences** are your power

Host: Thank you, Leila. That was **inspiring**.



Exercise on Vocabulary

① - Read the sentences and complete with the words in the box.

values – live – character – tablet – background

I'm Ahmed, 15 years old, and Iin Giza. Myis simple: I come from a family thathard work and kindness. These beliefs shape myand help me know what's right.

② - Choose the correct answer from a, b, c or d:

1-means who a person is.

- (A) - Confidence (B) - Identity (C) - Strength (D) - Challenge

2-means to have a high opinion of someone or something.

- (A) - Feel (B) - Discover (C) - Value (D) - Score

3-means where someone comes from.

- (A) - Background (B) - Identity (C) - Strength (D) - Challenge

4- The suffix "- ence" in "confidence" changes the word into a / an "....."

- (A) - verb (B) - adverb (C) - adjective (D) - noun

- 5- The Earth and the sun are unique. The antonym of "unique" is ".....".
(A) - complicated (B) - normal (C) - irregular (D) - formal
- 6- "Stressed" can have the same meaning of ".....".
(A) - weak (B) - sure (C) - worried (D) - relaxed
- 7- We can form the noun from the adjective "individual" by adding the suffix "
(A) -ment (B) -ness (C) -ity (D) -ion
- 8- The prefix "self-" in "self-respect" means related to ".....".
(A) - others (B) - thinking (C) - people (D) - oneself
- 9- The suffix "....." form the noun from the adjective "kind".
(A) -ness (B) -less (C) -ity (D) -ence
- 10- Confidence and patience are great.....of any leader.
(A) - jobs (B) - values (C) - roads (D) - hobbies
- 11- So much homework usually makes students feel
(A) - strange (B) - happy (C) - stressed (D) - honest
- 12- People usually..... those who do something useful like scientists.
(A) - hurt (B) - damage (C) - value (D) - pollute
- 13- What..... do you think Leila faced?
(A) - colors (B) - challenges (C) - confidence (D) - shapes
- 14- When you know where someone comes from. This means you know their.....
(A) - underground (B) - background (C) - value (D) - situation
- 15- To..... means to have a high opinion of someone or something.
(A) - score (B) - value (C) - enter (D) - stay
- 16- Self-.....means learning more about who you are.
(A) - company (B) - business (C) - discovery (D) - trade
- 17- Being courageous and confident is a goodfor building your character.
(A) - equality (B) - quality (C) - device (D) - difference
- 18- He has a strong will, he can..... his illness and get better.
(A) - repeat (B) - overcome (C) - support (D) - believe
- 19- Smoking has a bad on your health.
(A) - affect (B) - effect (C) - password (D) - advice
- 20- In my opinion, the computer is the most important.....
(A) - advise (B) - device (C) - advice (D) - devise

Language In Use

⌚ Present Perfect Tense – المضارع التام

📌 Uses:

We use the present perfect tense to:

Talk about actions or experiences that happened at an unspecified time in the past.

الحديث عن أحداث أو تجارب حدثت في وقت غير محدد في الماضي.

Talk about actions that started in the past and continue up to now.

الحديث عن أفعال بدأت في الماضي وما زالت مستمرة حتى الآن.

Talk about recently completed actions.

الحديث عن أفعال انتهت مؤخرًا.

Sentence Formation

Active Form – الصيغة المبنية للمعلوم:	Passive Form – الصيغة المبنية للمجهول:
Subject + have/has + (p.p.)	Subject + have/has + been + (p.p.)
I have done my homework. She has finished her work.	The homework has been done . The Pyramids have been visited .

Negative Form

Active Form – الصيغة المبنية للمعلوم:	Passive Form – الصيغة المبنية للمجهول:
Subject + have/has + not + (p.p.)	Subject + have/has + been + not + (p.p.)
I have not finished my homework. He has not seen that movie.	The homework has not been done . The documents have not been signed .

Yes/No Questions

Active Form – الصيغة المبنية للمعلوم:	Passive Form – الصيغة المبنية للمجهول:
Have/Has + subject + (p.p.) ?	Have/Has + subject + been + (p.p.)?
Have you finished your homework? Has she visited the museum?	Has the homework been done ? Have the letters been sent ?

Wh- Questions

Active Form – الصيغة المبنية للمعلوم:	Passive Form – الصيغة المبنية للمجهول:
Wh-word + have/has + subject + (p.p.) ?	Wh-word + have/has + subject + been +(p.p)?
What have you done ?	What has been done ?
Where has she gone ?	Why has the report been delayed ?

Key words:

Word	Meaning	Usage
already	بالفعل / مسبقًا	تدل على أن الفعل تم قبل الوقت المتوقع
just	للتو	تدل على أن الفعل حدث منذ وقت قصير جدًا
yet	بعد / حتى الآن	تُستخدم في النفي والسؤال، وتأتي غالبًا في نهاية الجملة
never	أبدًا	تدل على أن الفعل لم يحدث إطلاقًا
ever	من قبل	تُستخدم في الأسئلة عن التجارب
recently	- حديثًا	تدل على أن الفعل حدث في وقت قريب
lately	مؤخرًا	مشابهة لـ recently
since	منذ	تُستخدم مع نقطة زمنية محددة مثل (since 2010)
for	لمدة	تُستخدم مع مدة زمنية مثل (for two years)

Examples:

I have **already** eaten.

She has **just** arrived.

Have you finished your homework **yet**?

I have **never** been to London.

We have lived here **since** 2015.

He has worked here **for** five years.

لاحظ ما يلي جيدًا:

Subject + have/has been to + place	ذهب وعاد	I've been to Paris three times.
Subject + have/has gone to + place	ذهب ولم يعد بعد	Ahmed has gone to the club



Exercise on Grammar

1. Choose the correct answer from a, b, c, or d:

1. I have already..... my homework; I can watch TV now.

(A) - do

(B) - did

(C) - done

(D) - doing

2. Don't worry; the problem has just.....

(A) - been solved

(B) - solved

(C) - be solved

(D) - be solving

3. The government..... a lot of fly-over bridges recently.

(A) - build

(B) - was building

(C) - had built

(D) - has built

4. The old car..... yet.

(A) - had been repaired

(B) - hasn't been repaired

(C) - didn't repair

(D) - has been repaired

5. I miss you so much. I haven't seen you..... five years!

(A) - when

(B) - ago

(C) - since

(D) - for

6. My sister has studied French since she..... a child.

(A) - has been

(B) - was

(C) - is

(D) - were

7. Ali is very happy. He a medal for writing poetry.

(A) - had won

(B) - has been won

(C) - has won

(D) - have won

8. The tickets..... online since last week.

(A) - have bought

(B) - has bought

(C) - have been bought

(D) - had bought

2 - Complete the sentences with the correct form of the word(s) in brackets:

1. Mohamed hasn't..... (have) lunch yet.

2. Salma has been to Cairo (since) two years.

3. Rania (attend) the meeting already.

4. He hasn't gone to cinema (for) New Year's Day.

5. Have they (never) visited the park?

6. Dina hasn't seen my tablet. (already).

7. The new car..... (has stolen) for a few weeks.

8. We have lived in this house..... (when) we got married.



Exercise on lessons 1 & 2

①-Complete the following dialogue:

Ali and Omar are talking about personal identity.

Ali : Hey, Omar! We're doing a project. Can I ask you a few questions?

Omar: (1)

Ali : (2)?

Omar: People's opinions affect me greatly.

Ali : Interesting! (3)?

Omar: When someone says something negative about me, I feel sad.

Ali : Oh no! Have you had a lot of experiences that shaped your identity?

Omar: (4)

Ali : Great! Finally, what three words would you use to describe you personality?

Omar: (5)

Ali : Thanks, Omar. This will really help with the project!

①-Read the sentences and complete with the words in the box.

medicine – heart – young – planets – disease

Dr. Magdi Yacoub was born in Egypt in 1935. When he was....., he enjoyed reading about science and..... When his father's sister died from heart....., Magdi felt very sad. He began to wonder how doctors could save people withproblems.

②-Choose the correct answer from a, b, c or d:

1- The first step to achieve your goals is to have..... in yourself.

- (A)- confidence (B)- opinion (C)- pressure (D)- injustice

2- Don't let negative thoughts stop you. The antonym of "negative" is".

- (A)- complex (B)- positive (C)- nervous (D)- unimportant

3- This is a simple question. It's.....

- (A)- complex (B)- easy (C)- negative (D)- delicious

4- I haven't heard from my friend since heabroad a year ago.

- (A) - went (B) - had gone (C) - has gone (D) - goes

5- Have you done your work alone..... ? I can't believe it.

- (A) - yet (B) - already (C) - ever (D) - just

6- Nohato the zoo since three o'clock and she is still there.

- (A) - has gone (B) - has been (C) - went (D) - is going

5- Read and using the correct form of the word(s) in brackets:

1- Amgad has..... (go) to the baker's. He hasn't come back home.

2- Is that the best pizza you have..... (since) eaten?

3- I've tried Chinese food, but I..... (not/try) French food yet.

4- How many times have you been late.....(when) the beginning of the term?

6- Rewrite the following sentences using the word(s) in brackets:

1- They have bought a new car. (been)

2- She has visited Aswan. (yet)

3- He has lived in Cairo since 2020. (for)

4- They watched TV a short time ago. (just)

9- Write a paragraph of about (110) words on:

"Your identity"

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Lessons 3 & 4

The Mirror Moment - Story Time

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
adjust	يضبط - يعدل	mirror	مرآة	creative	مبدع
values	يقيم - قيم	confident	واثق من نفسه	curls	تجاعيد الشعر
curious	فضولي	panic	يضطرب / يفزع	portrait	صورة فنية
strength	قوة	strong	قوى	blend	يخلط - يمزج

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
identity map	خريطة الهوية	click	ينقر	perfect	مثالي
hand-drawn	مرسوم يدويا	beauty	جمال	comfort	راحة
imperfection	عيب - نقص	create	يصنع - ينشي	blazer	سترة
assignment	واجب - مهمة	dream	يحلم / حلم	unlike	على عكس
ashamed	يشعر بالخجل	introduce	يقدم - يعرض	talent	موهبة
outgoing	اجتماعي	thumbs-up	رفع الابهام للموافقة	empty	فارغ
sketchbook	دفتر الرسم	decisions	قرارات	idea	فكرة
preparatory	اعدادي	concrete	خرسانية	honest	امين
playground	ملعب	mind	عقل	area	منطقة
depressing	محزن - كئيب	proud	فخور	vegetables	خضروات
imagined	تخيل	worth	يستحق	together	معا

Conjugation of Verbs:

Verb	meaning	past	Past participle
stand	يقف	stood	stood
draw	يرسم	drew	drawn
feel	يشعر	felt	felt
keep	يقف	kept	kept
begin	يبدأ	began	begun

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
perfect	كامل - مثالي	ideal	imperfect	غير مثالي
outgoing	اجتماعي	sociable	shy	خجول
quiet	هادئ	peaceful/calm	noisy/loud	مزعج / صاخب
comfort	راحة - سكينة	well-being	discomfort	عدم الراحة
curious	محب للاستطلاع	interested	uninterested	غير مهتم
colorful	ملون - زاهي	bright	plain	سادة

Prefixes & Suffixes

Prefixes & Suffixes	الوظيفة	example	meaning
im-	تعطى عكس الكلمة	imperfect	غير كامل / غير تام
-ment	تكون الاسم من الفعل	assignment	أداء / واجب
-tion	تكون الاسم من الصفة / الفعل	imperfection	عدم اكتمال
-ed	تكون الصفة من الفعل	confused	مرتبك
-ance	تكون الاسم من الصفة	importance	أهمية
-ion	تكون الاسم من الفعل	decision	قرار

Word	Meaning	Definitions
curious	محب للاستطلاع	interested in discovering new things
confident	واثق من نفسه	feeling sure about your abilities, qualities or decisions
values	قيم	the beliefs and principles that guide how we live
adjusting	يضبط / يعدل	changing something a little to make it better

Lesson 3 page 18 Exercise 2

The Mirror Moment

On the first day of **Grade 9**, Nour stood in front of the **mirror**, **adjusting** her **blazer** for the fifth time. Her **curls** didn't sit right, and her **glasses** felt too big. "Why can't I just fit in?" she **thought**.

At school, Nour stayed **quiet**, **blending** into the **background**. Unlike the **confident**, **outgoing** students around her, she kept to herself, finding **comfort** only in her **sketchbook**. She loved drawing faces — not **perfect** ones, but real ones. She saw **beauty** where others didn't.

Then one day, Ms. Hanan **introduced** a project: "Create your **Identity Map**."



Show us who you are – your dreams, **values**, and challenges.” Nour **panicked**. “Who am I?”

That night, going through her old sketches, something clicked. She began drawing again — this time, herself.

The following week, while others shared colorful **posters**, Nour stood before the class with a board of hand-drawn **portraits**. At the center: her own face, glasses and curls included. Around it, she wrote: **Strong. Creative. Curious.**

When she finished, the class clapped. Even Leila, the girl in the front row, gave her a **thumbs-up**. After class, Ms. Hanan said: “You didn’t just share who you are – you showed us that being different is your **strength**.” And for the first time, Nour **believed** her.

Chapter One: A New Challenge

Zeina was a new student at a **preparatory** school. She was always **curious** and liked to notice everything around her. On her first day, she looked around the school **playground**. It was large but **empty** and gray.

The ground was all **concrete**, and there were just a few old **benches**. Students threw their trash on the ground, and no one seemed to care. “This place could be so much better,” Zeina thought. She had an **idea**, but she didn’t know if anyone would listen to a new student.

At lunch, she sat with her new friend **Nancy**, who was kind and always **honest** about how she felt. “I don’t like this **area**,” **Nancy** said. “It’s a little **depressing**.” “What if we changed it?” **Zeina** asked. “What if we planted a garden?” **Nancy** looked surprised. “A garden? Do you know how to grow plants?” “Not really,” **Zeina** said, showing honesty. “But I want to learn. We could learn together.”

The idea stayed in **Zeina’s mind** all day. She **imagined** students eating lunch among flowers, plants, and maybe even **vegetables**. She imagined students being **proud** of the place. She knew the idea wasn’t easy. It would need time, hard work, help, and even money maybe. But something inside her said it was **worth** it.

Maybe, just maybe, this garden could be more than just a place. It could be a way to bring the school **together**.





Exercise on Lessons 3 & 4

①- Read the sentences and complete with the words in the box.

comfort – background – real – planets – outgoing

At school, Nour stayed quiet, blending into the..... Unlike the confident,students around her, she kept to herself, findingonly in her sketchbook. She loved drawing faces – not perfect ones, butones.

②- Choose the correct answer from a, b, c or d:

1-means the beliefs and principles that guide how we live.

(A) - Vegetables (B) - Values (C) - Sketchbooks (D) - Messages

2- We add the suffix "....." to form the adjective of "color".

(A) -ive (B) -ment (C) -ful (D) -ness

3- After a long day at school, my soft bed is a great source of..... for me.

(A) -sadness (B) -sickness (C) -comfort (D) -portrait

4- To feel.....is to feel sure about your abilities, qualities or decisions.

(A) -sad (B) -curious (C) -nervous (D) -confident

5- The suffix "-ion" in "decision" turns the word into a/an.....

(A) -adjective (B) -noun (C) -verb (D) -adverb

6- Colourful and have the same meaning.

(A) -plain (B) -bright (C) -noisy (D) -helpful

7- The word "perfect" means "....."

(A) -sociable (B) -quiet (C) -ideal (D) -peaceful

8- "adjust" and "adapt" are.....

(A) -prefixes (B) -suffixes (C) -antonyms (D) -synonyms

9- Students in the art class practiced drawing.....

(A) -portraits (B) -settings (C) -diseases (D) -pieces

10- Nadeen was very..... She wanted to know what was inside the big box.

- (A) - honest (B) - curious (C) - keen (D) - outgoing

11- If you read the instructions too quickly, you might get.....

- (A) - outgoing (B) - tiring (C) - confused (D) - strong

12- When the lights went out suddenly, my little brother started toand cry.

- (A) - adjust (B) - relax (C) - panic (D) - rest

13- I study every day to improve my English. The synonym of "improve" is "....."

- (A) - develop (B) - create (C) - throw (D) - bring

14- My brother is so..... that he makes new friends everywhere we go .

- (A) - outgoing (B) - confused (C) - shy (D) - bad

3- Read and use the correct form of the word(s) in brackets:

14. We (live) here for 10 years - from 2010 to 2020.

15. Have you..... (never) tried this food?

16. We haven't met (for) last September.

17. They've known each other..... (since) a long time.

4- Write a paragraph of about (110) words on:

" Support yourself "

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

Lessons 5 & 6

Let's talk – This is me.

Key Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
honesty	الأمانة	trusted	موثوق فيه	action	فعل - عمل
positive	إيجابي	self-respect	ترام الذات	accept	يوافق
supportive	داعم / مساند	choice	اختيار	notice	يلاحظ
responsibility	مسئولية	personal	شخصي	improve	يتحسن

Extra Vocabulary:

Word	Meaning	Word	Meaning	Word	Meaning
accepted	مقبول - معتمد	journalist	صحفي	notice	بلاحظ
eye contact	تواصل بالنظر	fairness	عدل - مساواة	caring	مهتم - لطيف
experiences	تجارب حياتية	brave	شجاع	task	مهمة
body language	لغة الجسد	special	خاص - مميز	copy	ينسخ / يقلد
classmate	زميل الفصل	support	يساند - دعم	focus	يركز على
trust	ثقة	absent	غائب	movie	

Conjugation of Verbs:

Verb	meaning	past	Past participle
grow	ينمو	grew	grown
teach	يدرس	taught	taught
understand	يفهم	understood	understood
show	يوضح - يظهر	showed	shown

Synonyms & Antonyms

الكلمة	المعنى	Synonym	Antonym	المعنى
proof	دليل / اثبات	evidence	disproof	انكار
personal	شخصي	private	public	عام
trust	يثق	believe	distrust	يفقد الثقة
develop	يحسن	improve	damage/harm	يتلف

accept	يوافق	accept	refuse/disagree	يرفض
self-respect	احترام الذات	self-confidence	self-distrust/shyness	عدم الثقة بالنفس / الخجل

Respecting Personal Identity

Hala: Hi Omar! Have you ever learned about **personal identity**?

Omar: Yes, I have. I've learned that everyone is different and **special** in their own way.

Hala: That's right! I've gone through a lot of **self-discovery** this year. It has helped me feel more **confident**.

Omar: That's great! I've also started to feel more **confident**. I think my self-respect has **improved** because I've learned to **accept** myself.

Hala: Me too. And I've **noticed** that people who have faced **challenges** in a positive way have shown a lot of **strength**.

Omar: Yes, and many students have been helped by teachers who **support** them. A lot of good changes have been made in our school.

Hala: I agree. I've also seen how **important** it is to act with **honesty**. When someone has stayed true to who they are, people respect them.

Omar: That's true. **Respecting personal identity** means **understanding** that we all have different **experiences**.

Hala: Exactly! When people feel **accepted**, their **confidence** grows. That's why it's important to always be kind and **supportive**.



Student A: Hi! You look happy today.

Student B: Yes! I've learned something new about myself.

Student A: That's cool! What did you learn?

Student B: I've learned that I know how to be **different** and strong.

Student A: That's great. You've shown a lot of strength.

Student B: Thank you! I feel more **confident** now.

Student A: I can see that. You always have good self-**respect**.

Student B: And I always try to act with **honesty**.

Student A: That's really **important**. I'm super happy for you!

What I Stand For

Topic Sentence

I stand for **kindness**, honesty, and **responsibility**, and these values have **shaped** my personal **identity**.

Explanation

I believe that showing respect and being caring have helped me build **trust** with others.

These **actions** have also shown that I value fairness in my daily choices.

Evidence / Example

For example, I have helped my **classmates** with their work, and I have shared my notes with friends who have been absent.

I have been trusted by my teachers because I have always completed my tasks honestly.

Many **experiences** have taught me that being brave and kind can make a **difference** in people's lives.

Ending Sentence

These actions and choices have been important in my life, and they have shown that kindness and honesty are strong parts of my **identity**.



Descriptive Paragraph

Topic Sentence:

Write a clear sentence about what you are describing.

اكتب جملة واضحة عما تصفه.

Explanation:

Give more details about the topic to help the reader understand.

قدّم تفاصيل أكثر عن الموضوع لمساعدة القارئ على الفهم.

Evidence / Example:

Use adjectives and the senses to describe and give examples.

استخدم الصفات والمعاني للوصف، واذكر أمثلة.

Ending Sentence:

Finish with a sentence that refers back to your topic or shows your opinion.

أنهي بجملة تشير إلى موضوعك أو تُعبّر عن رأيك.



Exercise on Lessons 5 & 6

1- Choose the correct answer from a, b, c or d:

1- Yomna feels very happy..... her brother who won the school competition.

- (A) - at (B) - for (C) - with (D) - on

2- The sports coach used positive words toeach child's self-respect.

- (A) - accept (B) - show (C) - stay (D) - build

3- Mr Abdelbary is..... He always helps students when they have trouble.

- (A) - valued (B) - accepted (C) - happy (D) - supportive

4- I can tell you from Ahmed's.. language that he is very excited about the trip.

- (A) - eye (B) - way (C) - body (D) - hair

5- Walid says that good eye..... helps people know he is listening carefully.

- (A) - interest (B) - contact (C) - feel (D) - language

6- People who have faced..... in a positive way have shown a lot of strength.

- (A) - confidence (B) - challenges (C) - games (D) - differences

7- When Mai joined the class, the other children made her..... accepted.

- (A) - keep (B) - show (C) - stay (D) - feel

8- We told Kady to act..... respect when talking to older people.

- (A) - at (B) - on (C) - with (D) - for

9- I shouldon my strengths and accept my weaknesses.

- (A) - try (B) - focus (C) - hold (D) - run

10- Showing respect and being caring have helped me build..... with others.

- (A) - dishonesty (B) - shyness (C) - trust (D) - happiness

11- I joined an English summer course to..... my skills in English.

- (A) - damage (B) - prove (C) - improve (D) - reduce

12- I have been trusted by my teachers because I complete my tasks.....

- (A) - slowly (B) - honestly (C) - lazily (D) - carelessly

13- Aneeds to be curious to look for the recent news.

- (A) - dentist (B) - journalist (C) - doctor (D) - farmer



Test on Unit 1

①-Complete the following dialogue:

A new student, Adam, is talking to his classmate, Zain.

Zain: Welcome to our school, Adam.

Adam: Thanks. (1)

Zain: My name's Zain. Don't worry, everyone is really friendly here.

Adam: I feel a bit shy. I'm not very outgoing.

Zain: (2)

Adam: I prefer listening to people.

Zain: That's a great strength! Everyone is unique in their own way.

Adam: Do you really think so?

Zain: (3) Being a good listener is very valuable.

Adam: (4) I feel more confident now.

Zain: (5)

②-Read the sentences and complete with the words in the box.

value - mention - has - have - remind - stressed

My name is Ahmed and I live in Giza. I'm 15 years old. I (1)..... learned that my identity isn't just about how I look. It's about the person I'm becoming. My family taught me to (2)..... honesty and kindness. These lessons help me stay strong, even when I feel (3)..... I (4)..... myself often that I don't have to be popular. I just have to be real.

③- Read the following text, then answer the questions:

Reading is a very helpful habit. It gives us new ideas and improves our language. When you read, you need to be in a quiet place. It is better to wear your reading glasses to keep headache away. You should read different topics. To remember what you read, it is a good idea to have a pen in your hand to underline or circle the important points. Try to discuss what you have read with your friends. People read for different goals. Some people read for **enjoyment** just to feel happy and spend a nice time. Others read for work. Students read for **their** study or research. All of us read the news and the weather report. We also read messages, emails, and letters that we receive.

A - Choose the correct answer from a, b, c or d:

1. The underlined word "enjoyment" means.....

- A** - discussion **B** - mysteries **C** - sadness **D** - pleasure

2. Many people read for different.....

- A** - goals **B** - lessons **C** - breaks **D** - jobs

B - Answer the following questions:

3. What is the main idea of the passage?

.....

4. Why do you think reading is important?

.....

5. How can you remember what you read?

.....

6. What does the underlined word "their" refer to?

.....

4 - Choose the correct answer from a, b, c or d:

1. means Someone who is interested in discovering new things.

- A** - Confident **B** - Curious **C** - Supportive **D** - Unique

2. The antonym of "unique" is.....

- A** - special **B** - common **C** - different **D** - shy

3. means the beliefs and principles that guide how we live.

- A** - Values **B** - Portraits **C** - Mirrors **D** - Differences

4. It's not good to feel stressed; you should try to be more.....

- A** - panicked **B** - confused **C** - relaxed **D** - weak

5. Good friends should be and help each other in difficult times.

- A** - supportive **B** - stressful **C** - mean **D** - weak

6. The journey of self-..... helps you understand who you really are.

- A** - service **B** - discovery **C** - defense **D** - portrait

⑤ - Read and complete using the correct form of the word(s) in brackets:

14. We.....(**live**) here for 10 years – from 2010 to 2020.

15. Have you.....(**never**) tried this food?

16. We haven't met(**for**) last September.

⑥ - Rewrite the following sentences using the words in brackets:

1-She has just finished her homework. (**yet**)

2-I have studied English since 2016. (**for**)

Story

⑦ - Answer the following questions:

1-How was the school playground?

2-What idea did Ziena have?

⑦ - Choose the correct answer from a, b, c or d :

1- Zeina was a new student at aschool.

Ⓐ - primary Ⓑ - preparatory Ⓒ - secondary Ⓓ - kindergarten

2- The playground was all

Ⓐ - flowers Ⓑ - green Ⓒ - concrete Ⓓ - grass

⑨ - Write a paragraph of about (110) words on:

"How to improve yourself"

.....

.....

.....

.....

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